REST FOR THE WEARY Matthew 11:28-30



Matthew 11:28 "Come to Me, all you who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

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- Matthew 11:28 "Come to Me, all you who are weary and heavy-laden, and I will give you rest.
- Jesus invites us all to rest in Him alone for salvation instead of our own tiresome perfectionism.
- Many Jews remained restless by rejecting Christ.

Matthew 11:20 Then He began to denounce the cities in which most of His miracles were done, because they did not repent.



Matthew 23:1 Then Jesus spoke to the crowds and to His disciples, 2 saying: "The scribes and the Pharisees have seated themselves in the chair of Moses; 3 therefore all that they tell you, do and observe, but do not do according to their deeds; for they say things and do not do them. 4 They tie up heavy burdens and lay them on men's shoulders, but they themselves are unwilling to move them with so much as a finger.



- This personal and gracious invitation to rest is still for ALL.

Matt. 11:28 "Come to Me, ALL you who are weary

Father, for this was your good pleasure. (NIV)

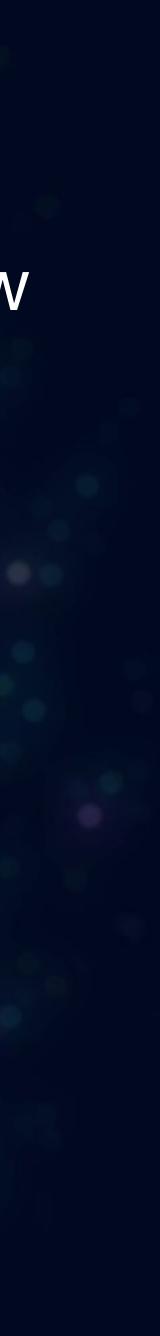
let the one who wants it take the water of life free of charge.

- and heavy-laden, and I will give you rest.
- Matt. 11:25 At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. 26 Yes,
- Revelation 22:17 And the Spirit and the bride say, "Come!" And let the one who hears say: "Come!" And let the one who is thirsty come;



Jesus offers real rest because He secures your salvation.

John 10:27 My sheep hear My voice, and I know them, and they follow Me; 28 and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand. 30 I and the Father are one."



Sesue lightens your load by carrying ALL of your salvation. (vs.28) Sesue lightens your load by calling you to work with Him. (11:29-30) Matt. 11:29 "Take my yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

- The yoke of Jesus is EMPOWERING.



- The yoke of Jesus is FREEING. Matt. 11:28 "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. 29 Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. 30 Keep company with me and you'll learn to live freely and lightly." (MSG)

1 John 5:3 For this is the love of God, that we keep His commandments; and His commandments are not burdensome. John 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. "Christ's cross is such a burden as sails are to a ship or wings to a bird."

- Samuel Rutherford



- The yoke of Jesus is PERSONAL.

Matthew 11:29 Take My yoke upon you and learn from Me, for I am My yoke is easy and My burden is light."



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So come to Him for the best kind of rest!

Abide: Christian Guided Meditation & Daily Prayers



Simply trusting Thee, Lord Jesus, I behold Thee as Thou art, And Thy love, so pure, so changeless, Satisfies my heart; Satisfies its deepest longings, Meets, supplies its every need, Compasseth me round with blessings: Thine is love indeed!

> Jesus, I am resting, resting, In the joy of what Thou art; I am finding out the greatness Of Thy loving heart.

Ever lift Thy face upon me <u>As I work and wait for Thee;</u> Resting 'neath Thy smile, Lord Jesus, Earth's dark shadows flee. Brightness of my Father's glory, Sunshine of my Father's face, Keep me ever trusting, resting, Fill me with Thy grace.

Jesus, I am resting, resting, In the joy of what Thou art; I am finding out the greatness Of Thy loving heart.

-Jean Sophia Piggott, the Irish hymn writer.

