



REST FOR THE WEARY
Matthew 11:28-30

Matthew 11:28 “Come to Me, all you who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”

● **Jesus lightens your load by carrying ALL of your salvation. (vs.28)**

Matthew 11:28 “Come to Me, all you who are weary
and heavy-laden, and I will give you rest.

- **Jesus invites us all to rest in Him alone for salvation instead of our own tiresome perfectionism.**
- **Many Jews remained restless by rejecting Christ.**

Matthew 11:20 Then He began to denounce the cities in which most of His miracles were done, because they did not repent.

Matthew 23:1 Then Jesus spoke to the crowds and to His disciples, **2** saying: "The scribes and the Pharisees have seated themselves in the chair of Moses; **3** therefore all that they tell you, do and observe, but do not do according to their deeds; for they say things and do not do them. **4 They tie up heavy burdens and lay them on men's shoulders, but they themselves are unwilling to move them with so much as a finger.**

- **This personal and gracious invitation to rest is still for ALL.**

Matt. 11:28 “Come to Me, **ALL** you who are weary and heavy-laden, and I will give you rest.

Matt. 11:25 At that time Jesus said, “I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. **26** Yes, Father, for this was your good pleasure. (NIV)

Revelation 22:17 And the Spirit and the bride say, “Come!” And let the one who hears say: “Come!” And let the one who is thirsty come; let the one who wants it take the water of life free of charge.

- **Jesus offers real rest because He secures your salvation.**

John 10:27 My sheep hear My voice, and I know them, and they follow Me; 28 and I give eternal life to them, and they will never perish; and **no one will snatch them out of My hand.** 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand. 30 I and the Father are one."

- Jesus lightens your load by carrying ALL of your salvation. (vs.28)
- Jesus lightens your load by calling you to work *with* Him. (11:29-30)

Matt. 11:29 “Take my yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”

– The yoke of Jesus is **EMPOWERING**.

– **The yoke of Jesus is FREEING.**

Matt. 11:28 “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. 29 Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. 30 Keep company with me and **you’ll learn to live freely and lightly.**” (MSG)

1 John 5:3 For this is the love of God, that we keep His commandments; and **His commandments are not burdensome.**

John 10:10 The thief comes only to steal and kill and destroy; I have come **that they may have life**, and have it to the full.

“Christ’s cross is such a burden as sails are to a ship or wings to a bird.”
– Samuel Rutherford

- The yoke of Jesus is **PERSONAL**.

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- **Jesus lightens your load by calling you to work *with* Him. (11:29-30)**

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- **So come to Him for the best kind of rest!**



Abide: Christian Guided Meditation & Daily Prayers

**Simply trusting Thee, Lord Jesus,
I behold Thee as Thou art,
And Thy love, so pure, so changeless,
Satisfies my heart;
Satisfies its deepest longings,
Meets, supplies its every need,
Compasseth me round with blessings:
Thine is love indeed!**

***Jesus, I am resting, resting,
In the joy of what Thou art;
I am finding out the greatness
Of Thy loving heart.***

**Ever lift Thy face upon me
As I work and wait for Thee;
Resting 'neath Thy smile, Lord Jesus,
Earth's dark shadows flee.
Brightness of my Father's glory,
Sunshine of my Father's face,
Keep me ever trusting, resting,
Fill me with Thy grace.**

***Jesus, I am resting, resting,
In the joy of what Thou art;
I am finding out the greatness
Of Thy loving heart.***

-Jean Sophia Piggott, the Irish hymn writer.

GO IN PEACE